



Experimental Characterization and Regression Modeling of Arc Height and Surface Roughness in Shot Peening

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ABSTRACT

The process of shot peening was modeled experimentally in terms of Almen arc height and the roughness of the treated surface using a multivariate regression framework. Experiments were conducted with controlled variations in the feed rate, orientation and position of the workpiece, and the resulting arc heights and surface roughness values were used to develop the models. The arc height model demonstrated strong predictive capability, yielding an R^2 of 0.906 (modeling dataset) and 0.615 (independent validation dataset). However, surface roughness exhibited more complex variability due to localized material responses and random interactions; although statistically significant, the roughness model demonstrated moderate predictive accuracy. These results highlight that arc height can be estimated reliably from global process descriptors, whereas roughness prediction requires additional micro-scale information. The proposed approach provides an interpretable foundation for process optimization and supports the integration of data-driven enhancements for future shot peening control systems.

1. Introduction

Shot peening is a surface enhancement technique that introduces compressive residual stress by bombarding a metallic surface with high-velocity spherical media. This process suppresses crack initiation and propagation, ultimately improving fatigue life^[1,2]. For lightweight aerospace and automotive components, shot peening is widely applied to mitigate fatigue degradation while maintaining structural integrity. Oh S.H. has shown that re-peening can recover relaxed compressive stress and extend fatigue life in aluminum alloys such as Al7075-T6^[3], and that shot peening also

contributes to corrosion resistance, particularly in titanium alloys used for biomedical implants^[4].

The arc height obtained from Almen strips has long been used as an index for shot peening intensity. The saturation curve method^[5] remains the industrial standard for defining optimal peening intensity. Recent research has shown that roughness and subsurface deformation depend strongly on shot peening parameters, including exposure time, shot velocity, impact energy, and feed rate. Studies examining the combined effect of residual stress and roughness have shown that both properties influence high-cycle and ultra-high-cycle fatigue behavior. For instance, severe shot peening can

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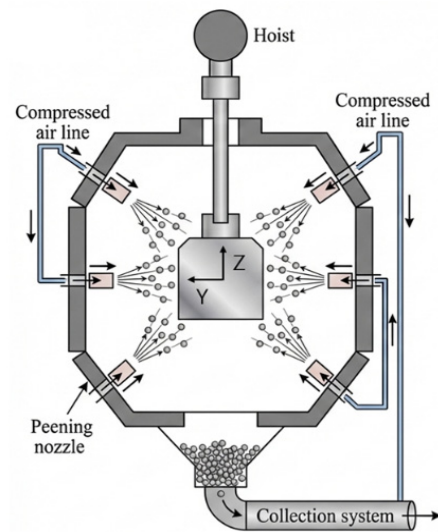
introduce refined surface grains and enhance fatigue resistance in AW7075 alloys^[6]. Fretting-fatigue studies on Al7075-T651 have shown that residual stress and roughness interact to determine fatigue limits^[7]. Broader investigations into residual stress, cell size, and roughness across different parameter conditions further demonstrate that shot peening effects are highly sensitive to process configuration and geometry^[8]. Additional work in related surface-modification fields, including studies on phase transformations and load-dependent behavior of austenitic stainless steels^[9], reinforces the importance of understanding how energy input and boundary conditions alter both surface integrity and material response.

Despite these advances, experimental studies that simultaneously characterize both arc height and surface roughness under realistic industrial blast conditions remain limited. Much of the existing literature has concentrated on ideal normal-impact configurations, flat specimens, or single-variable analyses, leaving significant gaps in understanding how geometric orientation, position-dependent exposure, and feed-rate variation jointly affect peening outcomes. Furthermore, quantitative predictive models linking process variables, strip orientation, and positional effects to both arc height and roughness are scarce, and correlations between the two properties are often inferred theoretically rather than derived from controlled experiments. Furthermore, most prior work assumes normal impact conditions and uniform flat geometries, whereas real components frequently experience inclined impacts and position-dependent peening coverage. Studies addressing geometric orientation, position dependency, and multivariable predictive modeling are insufficient.

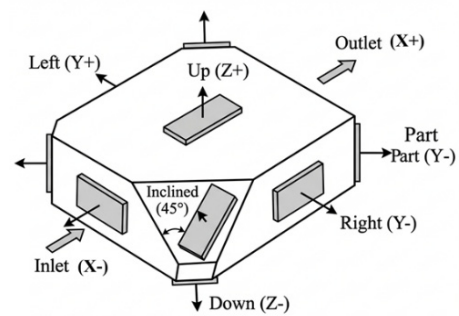
To address these gaps, this study experimentally evaluates the influence of process time, strip orientation ($|n_x|$, $|n_y|$), position (p_z), and feed rate on both arc height and surface roughness using SAE J442 Type-A Almen strips. Moreover, multivariate regression models for arc height and surface roughness are developed to quantify the contribution of each parameter. The findings form a basis for optimizing the shot peening process and support the development of digital-twin-based peening design approaches for complex aerospace structures.



(a) Shot peening equipment



(b) Shot peening process schematic



(c) Strip positioning and orientation

Fig. 1 Shot peening experimental methods

2. Experimental Methods

2.1 Shot peening procedure

SAE J442 Type-A Almen strips were used as specimens. All strips were cleaned and surface-prepared prior to peening to minimize external variability. Shot peening was performed using an automated system, as shown in Figure 1(a), equipped

Table 2 Strip orientation and position for modeling

Strip #	nx	ny	nz	pz
1	0	-1	0	1
2	0	0	1	1
3	0	-1	0	1
4	1	0	0	0.5
5	-1	0	0	0.5
6	0	-1	0	0
7	-0.707	0	-0.707	-1
8	0	0	-1	-1
9	0.707	0	-0.707	-1
10	-1	0	0	0.3
11	1	0	0	0.3
12	0	1	0	1
13	0	1	0	1
14	-1	0	0	0.5
15	1	0	0	0.5
16	0	1	0	0

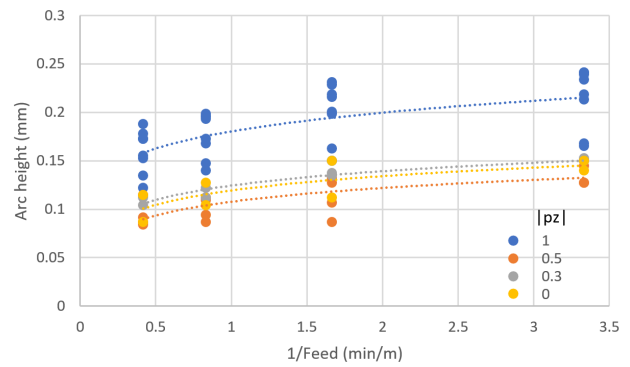
regression residual analysis. Multivariate regression was then performed, after which significance was evaluated using p-values and ANOVA. The resulting model was validated to confirm its reliability. These procedures enabled the development of predictive models for arc height and surface roughness.

3. Measurement Results

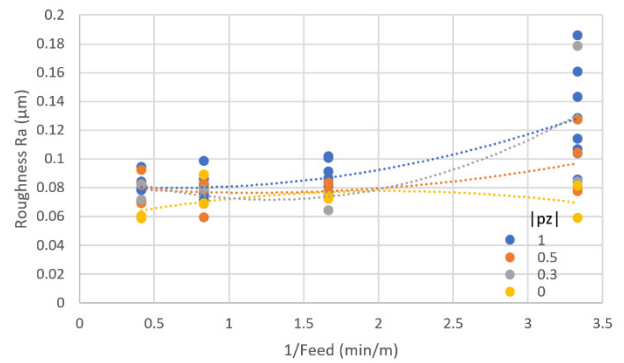
3.1 Arc height

Figure 3(a) illustrates the variation in arc height as a function of shot peening duration. The arc height increased rapidly during the early stage and approached saturation, consistent with typical saturation curve behavior. Arc height saturation was defined as the condition under which further reductions in feed rate resulted in less than a 5% increase in measured arc height. Based on this criterion, saturation was observed at feed rates below approximately 1.0 m/min.

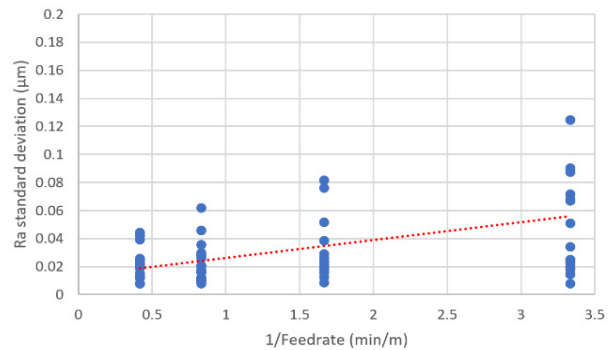
This trend arises because compressive residual stress accumulates quickly at the beginning of peening but stabilizes once the surface layer reaches its plastic deformation capacity^[1]. Additional peening beyond this point contributes minimally to arc height improvement, thus offering diminishing returns for fatigue enhancement.



(a) Arc height



(b) Surface roughness average



(c) Ra standard deviation

Fig. 3 Measurement results

3.2 Surface roughness

Surface roughness showed weaker correlations with feed rate and arc height than the saturation trend observed for arc height. Figure 3(b) presents the variation of surface roughness Ra as a function of the inverse feed rate (1/F), plotted separately for different absolute position levels |pz|. Overall, Ra increases with increasing 1/F, indicating that lower feed rates (i.e., longer exposure time per unit length) produce rougher surfaces due to higher cumulative impact density. This trend is most pronounced for |pz| = 1, where Ra rises sharply at the highest 1/F values, reaching more than 0.18 μm.

The $|pz| = 0.5$ and $|pz| = 0.3$ cases show moderate roughness growth with increasing $1/F$, although the slope is noticeably smaller than that of $|pz| = 1$. In contrast, the $|pz| = 0$ condition exhibits nearly constant R_a with minimal sensitivity to feed rate, indicating that peening exposure at the central position results in a more uniform impact distribution.

The separation between the curves demonstrates that surface roughness depends not only on feed rate but also strongly on spatial position relative to the wheel centerline. Positions with larger $|pz|$, corresponding to more inclined or peripheral impact conditions, experience greater surface deformation and thus higher roughness. This positional effect becomes more significant at low feed rates, where the cumulative impact intensity amplifies geometric sensitivity.

The average R_a was approximately $0.07 \mu\text{m}$, and R_z was approximately $10 \times R_a$. Beyond the arc height saturation point, roughness continued to increase, reaching $0.72 \mu\text{m}$ for extended periods.

Figure 3(c) illustrates the standard deviation of surface roughness R_a obtained from nine measurements per condition, corresponding to three repeated measurements at three different surface locations on each Almen strip. The results show that the R_a standard deviation increases gradually with increasing inverse feed rate ($1/F$), indicating that surface roughness variability becomes more pronounced at lower feed rates. At higher $1/F$ values, prolonged peening exposure intensifies local plastic deformation and stochastic shot-surface interactions, resulting in greater spatial heterogeneity in surface topography.

At relatively high feed rates (low $1/F$), the R_a standard deviation remains below approximately $0.03 \mu\text{m}$, suggesting uniform surface modification with limited scatter. In contrast, at low feed rates (high $1/F$), the standard deviation increases to values exceeding $0.08 \mu\text{m}$ in some cases, reflecting increased sensitivity to local impact conditions and cumulative shot overlap effects. This trend suggests that excessive peening duration not only increases the average surface roughness but also amplifies measurement dispersion, potentially affecting the consistency of surface quality.

These results demonstrate that although lower feed rates enhance peening intensity, they also introduce greater roughness variability. Therefore, from a process control

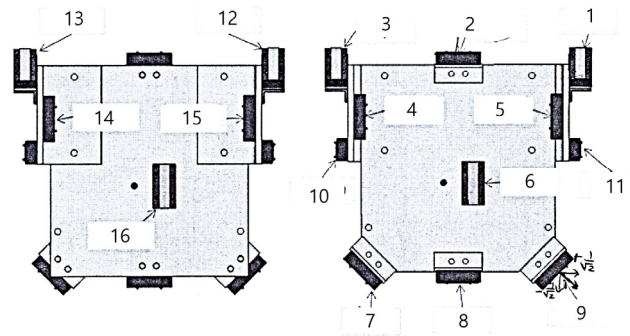


Fig. 4 Specimen geometry for regression model

perspective, both the mean R_a value and its standard deviation should be considered when defining optimal shot peening conditions, particularly for components requiring strict surface quality uniformity.

4. Regression Analysis

The modeling and validation datasets were obtained from two independent experimental campaigns conducted on the same wheel-blast shot peening system but using different specimen geometries. The first specimen geometry, as shown in Figure 4 and Table 2, was used to construct the regression models for arc height and surface roughness. A second, geometrically distinct specimen, as shown in Figure 7, was used exclusively for model validation. This separation ensured that no identical geometric configurations or surface exposure conditions were shared between the modeling and validation datasets.

4.1 Arc height

Arc height was modeled using $|nx|$, $|ny|$, pz^2 , and $1/F^{0.25}$ as independent variables. Figure 5(a) shows the predicted and measured arc height. The regression analysis yielded a strong correlation coefficient of 0.952, with R-squared values of 0.906 and 0.900, respectively, indicating excellent explanatory power. The standard error of 0.0142 confirmed the model's precision, and the ANOVA results, with an F-value of 142.62 and a p-value of 1.3×10^{-29} , demonstrated that the model was highly statistically significant. All independent variables were statistically significant ($p < 0.01$). pz^2 and $1/F^{0.25}$ exhibited the strongest influence. The final regression equation is equation (1).

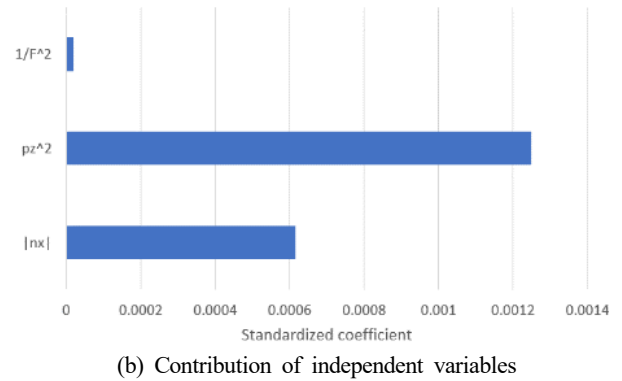
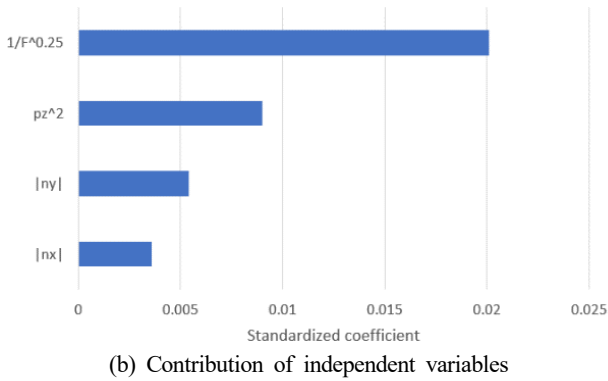
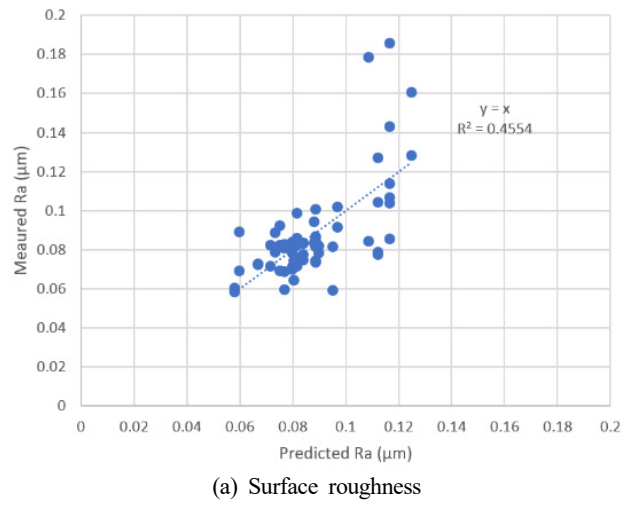
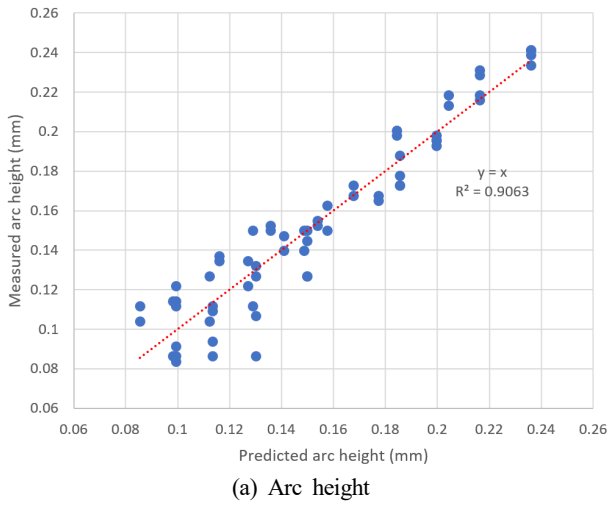


Fig. 5 Multiple regression model arc height

Fig. 6 Multiple regression model of surface roughness

$$AH = -0.0343 + 0.0379 |nx| + 0.0586 |ny| + 0.0873(pz)^2 + 0.0920(1/F^{0.25}) \quad (1)$$

Among the variables, pz^2 and $|nx|$ were identified as highly influential predictors of Ra.

Figure 5(b) compares standardized coefficients, confirming the dominant effects of feed rate (F) and strip height (pz).

Table 2 Strip orientation and position for modeling

4.2 Surface roughness

5. Verification Results and Discussion

Surface roughness was modeled using $|nx|$, pz^2 , and $1/F^2$, yielding a correlation coefficient of 0.675, an R-squared of 0.455, and an adjusted R-squared of 0.428. Figure 6(a) shows the predicted and measured surface roughness. The standard error was 0.0191, and the ANOVA results (F-value = 16.7, p-value = 5.20×10^{-8}) confirmed that the model was statistically significant. Surface roughness shows greater variability than arc height, which explains the lower R² value. The regression model is equation (2)

The predictive performance of the proposed regression models was evaluated using arc height and surface roughness measurements from the shot peening verification experiments. By validating the regression models on a different specimen geometry (Figure 7 and Table 3) under the same equipment and process control conditions, the robustness and generalization capability of the proposed models with respect to geometric variation were systematically evaluated. Figures 8 and 9 summarize the comparison between model predictions and experimental observations, revealing the strengths and limitations of the developed analytical framework.

$$Ra = 0.0576 + 0.0116 |nx| + 0.0216(pz)^2 + 0.00338(1/F^2) \quad (2)$$

Figure 6(b) shows the standardized effect of each variable.

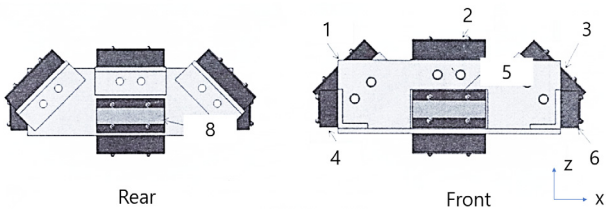


Fig. 7 Specimen geometry for verification experiment

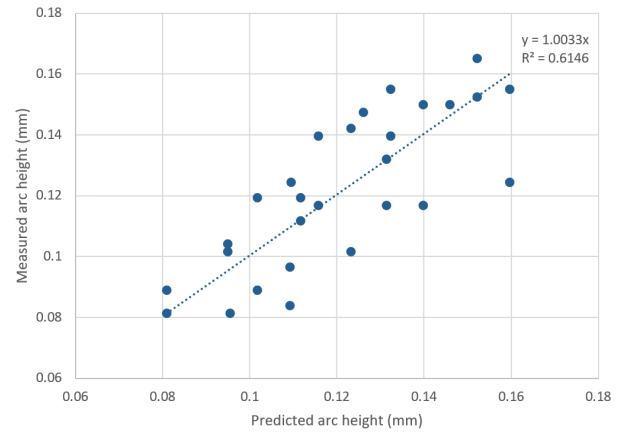
Table 3 Strip orientation and position for verification

Strip #	nx	ny	nz	pz
1	-0.707	0	0.707	0.7
2	0	0	1	0.8
3	0.707	0	0.707	0.7
4	-1	0	0	0.2
5	0	-1	0	0.2
6	1	0	0	0.2
8	0	1	0	0.2

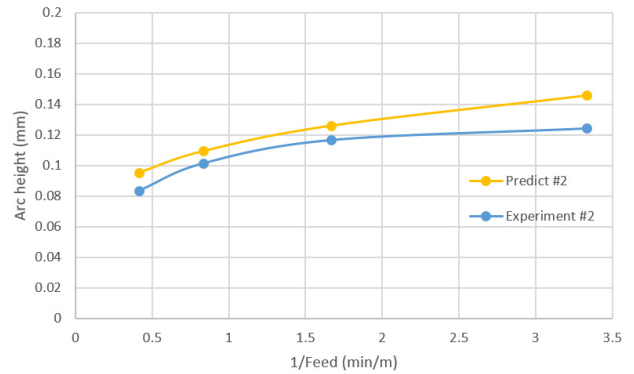
5.1 Arc height

Figure 8(a) presents the relationship between the predicted and measured arc heights for the validation dataset. The data points follow a clear upward trend, and the fitted line exhibits an R-square value of 0.615, indicating that the model captures a substantial portion of the physical variation in arc height, even under unseen processing conditions. Although the scatter increases at higher arc heights, the slope of the regression line approaches unity, suggesting that the model maintains consistent proportionality between predictions and measurements. This level of agreement confirms that the regression formulation, based on feed rate, impact momentum, and surface loading terms, can reliably approximate arc height generation in practical operational windows.

To further examine model behavior under changing feed rate conditions, Figure 8(b) compares the predicted and experimental arc heights as a function of $1/F$. Both curves exhibit the expected trend of increasing arc height at lower feed rates, reflecting longer exposure times and greater cumulative energy imparted to the surface. The predicted values remain slightly higher than the experimental measurements across the full range, implying a mild systematic overestimation. Despite this offset, the parallel nature of the two curves demonstrates that the model correctly reproduces the functional dependence on feed rate and is suitable for parametric process optimization.



(a) Verification experiment



(b) Predicted and experimented arc height of strip #2

Fig. 8 Relationship between predicted and measured arc heights

5.2 Surface roughness

Figure 9(a) illustrates the predictive performance for surface roughness R_a , using the model constructed from $|nx|$, pz^2 , and $1/F^2$. The distribution of data points exhibits a moderate positive correlation, consistent with the reported quantified R^2 value of 0.455. The surface roughness regression model's predictive capability is limited compared with that of the arc height model. Therefore, the roughness model should be interpreted as a trend-level estimator rather than a high-precision predictive tool. In practical applications, the model is suitable for identifying dominant process tendencies and relative parameter sensitivity, while local surface effects and stochastic shot-surface interactions may cause deviations in absolute R_a values.

To assess feed-rate dependency in surface roughness more explicitly, Figure 9(b) compares predicted and measured roughness values across the same $1/F$ range. The experimental roughness varies only slightly with feed rate, whereas the

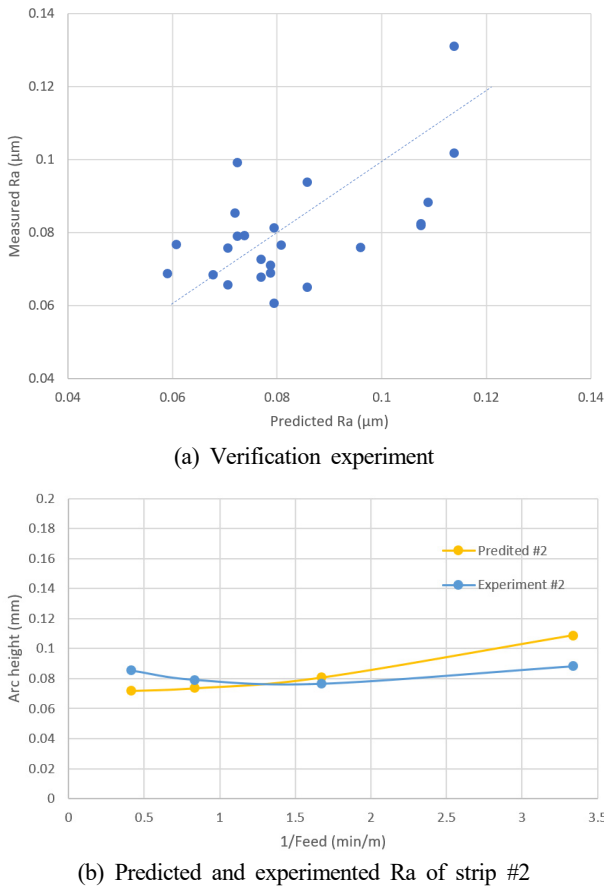


Fig. 9 Relationship between predicted and measured surface roughness

model predicts a more pronounced upward trend at lower feed values. This difference suggests that the influence of feed-related exposure time is weaker in practice than the model assumes.

Overall, the comparative results demonstrate that the arc height model offers robust predictive capability across both training and validation datasets, with clear physical consistency and strong correlation. The roughness model, while statistically significant, shows greater variability and could be refined. These observations confirm that the developed modeling framework is effective for predicting arc height behavior; however, it requires further enhancement for applications where surface finish is the dominant quality requirement.

6. Conclusion

This study developed and validated regression-based

predictive models for arc height and surface roughness generated during shot peening under controlled wheel-blast processing conditions. The modeling approach incorporated physically meaningful variables, including normal impact momentum, feed-rate-dependent exposure terms, and surface-loading metrics derived from process kinematics. Experimental data demonstrated that the arc height model achieved strong predictive capability, with R-squared values of 0.906 for the modeling dataset and 0.615 for the independent validation dataset. The model successfully reproduced the functional dependence on feed rate and impact momentum, and its predictions remained consistent across the full range of operating conditions evaluated.

Surface roughness exhibited more complex behavior due to localized deformation and the inherent variability in shot-surface interactions. Although the roughness model was statistically significant and accurately captured overall trends, its predictive accuracy was lower, with a moderate correlation coefficient and noticeable discrepancies at low feed conditions.

Overall, the results confirm that the proposed regression framework provides a reliable and interpretable tool for predicting arc height formation in shot peening processes, offering a baseline methodology for roughness estimation. Future work will incorporate machine-learning-based parameter augmentation to enhance predictive fidelity and enable fully integrated process optimization.




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